

THAI MASSAGE & SPIRITUALITY

HISTORICAL AND
CONTEMPORARY PRACTICES



BY TRADITIONALBODYWORK.COM

Table of Contents

Preface	3
Introduction	5
Healing, Spirituality, and Thai Massage	5
Historical Context	7
The Spiritual Origins of Thai Massage	7
Jivaka The Father Doctor of Thai Medicine	11
Buddhism and Thai Massage	13
Ayurveda, Yoga, and Thai Massage	18
Tantra and Thai Massage	20
Taoism and Thai Massage	24
Thai Temples and Thai Massage	27
Spiritual Origins of the Sen Energy Lines	28
Chakras and Sen Energy Lines	31
Lom Pran The Wind of Life	33
The Wat Pho Temple and Thai Massage	35
The Sacred Number 72,000	38
The Third Eye in Thai Massage	40
The Thai Reusi Hermits	42
Reusi Dat Ton and Thai Massage	44
Thai Massage and Lanna Folk Healing	46
Shamanism and Thai Massage	49
The Shivagakomarpaj Traditional Medicine Hospital	51
Contemporary Practices	53
Thai Massage Practitioner Code of Ethics	53
The Wai Khru Ceremony	56
Metta Meditation and Thai Massage	60
Spirituality and Teaching Thai Massage in the West	61
Awareness and Spiritual Clarity	63
Mystification and Spiritualization of Thai Massage	66
Thai Massage Training in Thailand	68
Thai Massage, Vipassana Meditation, and Mindfulness	70
Cultural Appropriation and Reappropriation	72
The Spirit of Giving Thai Massage	75
Thai Dhammanamai	78
The Secularization of Thai Massage	81
Spiritual and Esthetic Perversion in the West	85
Nothing Is Necessary, Only Metta	88
Pichest Boonthumme, Thai Massage, and Spirituality	90
Appendix	92