

THAI MASSAGE TRAINING IN THAILAND

MODALITIES, TRAINING PROVIDERS,
AND THINGS TO THINK ABOUT



BY TRADITIONALBODYWORK.COM

“When any person is sick at Siam he begins with causing his whole body to be molded by one who is skillful herein, who gets upon the body of the sick person and tramples him under his feet.”

—Simon de la Loubère,
French liaison to the Thai Royal Court in Ayutthaya, 1690

Contents

PREFACE	4
INTRODUCTION.....	6
What Is Thai Traditional Massage?	7
Brief History of Thai Massage	9
Thai Massage or Thai Yoga Massage?	11
What Is Thai Traditional Medicine?	14
THINGS TO THINK ABOUT	16
What Are the Best Thai Massage Schools in Thailand?.....	17
Why People Study Thai Massage in Thailand.....	21
Should You Study Thai Massage in Thailand?.....	26
Cultural Differences in the Classroom	30
Spiritual Aspects of Thai Massage Training in Thailand.....	32
Best Clothing for Thai Massage	35
10 Tips for Choosing the Best Thai Massage School.....	38
Best Places and Regions to Study Thai Massage.....	45
5 Thai Massage Course Pitfalls in Thailand	48
Thai Massage Styles in Thailand.....	52
Best Time of Year to Study Thai Massage	55
Intimacy Aspects of Thai Massage Training	59
TRAINING COURSES	63
Thai Healing Arts Training Modalities	64
Type of Thai Massage Schools	74
Trainings, Study Duration, Costs & Prices	77
Finding the Cheapest Thai Massage Training	80
Deals & Discounts on Thai Massage Courses	82
Top 5 Thai Massage Course Subjects in Thailand	84
Thai Lanna Folk Healing Arts Training	86
Study Abroad Travel Programs in Thailand.....	90
Thai Massage Teacher Training.....	92
How Thai People Learn Thai Massage	95
How to Find Massage Schools and Trainers?	99
SUPPLEMENT.....	102
Thai Massage Student Visa for Thailand.....	103
Dos and Don'ts in Thailand	105
Getting Around in Thailand.....	109
APPENDIX.....	118