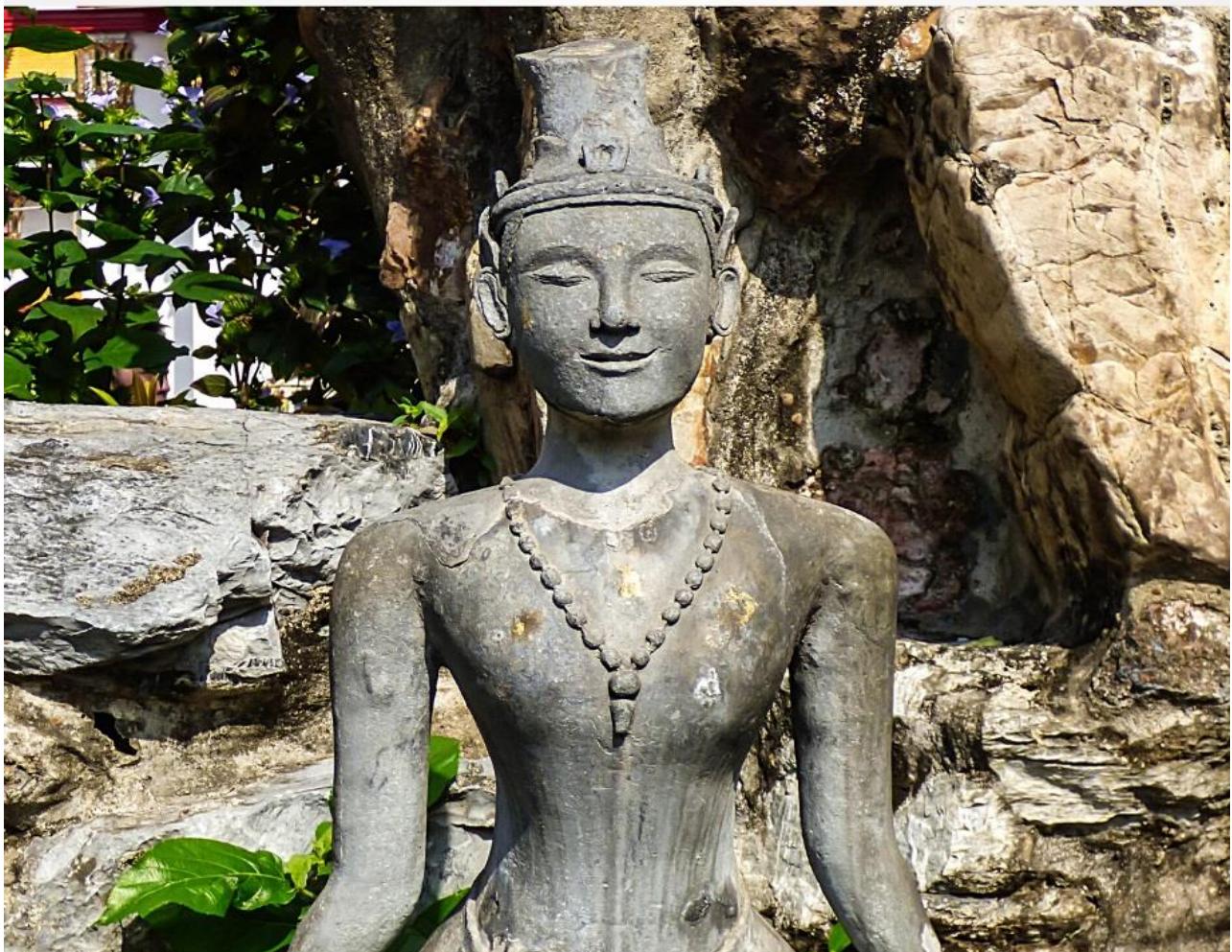


# TEACHING THAI MASSAGE

THE TEACHER, THE  
STUDENTS, THE CLASSES



BY TRADITIONALBODYWORK.COM

# Table of Contents

---

<b>Preface</b>	<b>4</b>
<b>Introduction</b>	<b>6</b>
Why Become a Thai Massage Teacher? .....	7
<b>Teacher Training</b>	<b>10</b>
Types of Thai Massage Teacher Training .....	11
Should You Study Thai Massage in Thailand? .....	14
Teacher Training in Thailand   Sense or Nonsense? ....	19
Thai Massage Training Benchmarks .....	22
Spiritual Aspects of Thai Massage Training in Thailand	26
When Can You Start Teaching Thai Massage?.....	29
<b>The Teacher</b>	<b>33</b>
Independent, Freelancer, or Employee?.....	34
The Nomadic Thai Massage Teacher.....	38
Promoting Yourself and Your Courses .....	41
Legal Aspects of Teaching .....	43
Accreditation of Your Courses .....	45
Where to Teach Your Classes?.....	47
Your Thai Massage Style and Lineage .....	52
Physical Requirements and Strains .....	54
Managing the Thai Massage Classroom .....	60
Avoiding a Teacher Burnout .....	63
<b>The Students</b>	<b>69</b>
Why Do People Study Thai Massage? .....	70
Cultural Differences between Students.....	75
Cultural Differences with Experiencing Pain .....	78
Behavioral Aspects in the Classroom .....	81
The Physical Fitness of the Students .....	84
The Emotional State of the Students .....	86
The Practitioner Code of Ethics .....	88
<b>The Classes</b>	<b>91</b>
Intimacy and Intimate Aspects.....	92
Spirituality and Teaching Thai Massage .....	96
Mystification and Spiritualization of Thai Massage .....	98



Teaching Materials, Books and Tools.....	100
Thai Massage Mats and Mattresses .....	102
The Structure of a Thai Massage Class.....	107
Setting Up a Thai Massage Foundation Course .....	108
Setting Up an Advanced Thai Massage Course .....	111
Thai Massage Hybrids and Integrations .....	113
Teaching Methods and Techniques.....	116
Warming Up, Cooling Down, and Complementary Bodywork .....	118
Teaching Anatomy to Your Students .....	119
Do You Need to Teach the Sip Sen Energy Lines? ....	122
Teaching the Sen Energy Lines.....	124
Group versus Private Teaching .....	127
Teaching Thai Massage Online .....	129
Tuition Fees and Payment Structure .....	132
Handing Out Course Certificates .....	134
<b>Supplement</b>	<b>136</b>
Continuing Education and Thai Massage .....	137
Thai Massage, Courses and Licensing in the USA....	139
The Spirit of Giving Thai Massage.....	143
Metta Meditation and Thai Massage.....	146
The Wai Khru Ceremony .....	148
The Four Attitudes   Karuna, Metta, Mudita, Upekkha	152
Buddhist Ethics and Thai Massage .....	154
Practicing Dhammanamai .....	155
<b>Appendix</b>	<b>157</b>