

PROFESSIONAL THAI MASSAGE

THE ART, PRACTICE, AND
SPIRIT OF NUAD THAI



BY TRADITIONALBODYWORK.COM

“When any person is sick at Siam he begins with causing his whole body to be molded by one who is skillful herein, who gets upon the body of the sick person and tramples him under his feet.”

— Simon de la Loubère,
French liaison to the Thai Royal Court in Ayutthaya, 1690

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